



FRIDAY UPDATE

Friday 26th September 2025



Well done to all the Reception children who have been fabulous in their first full week in school, although very tired now! We have been so impressed with their growing confidence and independence. They even completed their first P.E. lesson today. Thank you to everyone who supported our cake sale today for Macmillan Cancer Support. Thank you for the donations of cakes and all those who bought cakes and supported this worthwhile cause. Have a super weekend everyone.

In celebration assembly today we said well done to the following children, who received **Special Awards** and special gold Headteacher's Award sticker:

Matilda (Beech class) - for being a super role model, working hard and being a really kind friend to two new classmates.

Araba (Hazel class) - for showing expert knowledge of Christianity and Christian stories in R.E.

Izzy (Maple class) - for coming up with imaginative new characters and settings for her story.

Evie (Cherry class) - for providing inspiration to the class in the creative area by independently making a beach setting landscape.



Class Accolades

Hazel Class - For excellent perseverance when completing art work in the style of Quentin Blake

Cherry Class - For listening carefully in Maths and showing great understanding of greater than and less than.

Each class received two class ticks. Well done everyone!



LETTERS / EMAILS HOME THIS WEEK:

- Flu immunisation
- Parent Governor vacancy
- Reception Learning Newsletter

WHAT'S ON NEXT WEEK (Autumn 1 Week 5):

- Monday 29th September - Rock Steady Lessons
- Tuesday 30th -
- Wednesday 1st - Year 2 P.E.
- Thursday 2nd - Year 1 P.E.
- Friday 3rd - Year 2 Family Reading 8.50—9.10am
- Reception P.E. (please wear normal uniform top and leggings / joggers with trainers)

Values tokens
total this week:
123



As part of our commitment to safeguarding, it is important that we ensure that parents/carers are as informed as possible about online safety and well-being. **Supporting children with self-regulation**

As infants, our children all rely completely on adults to help us resolve situations that are causing us to become upset or stressed. This is known as co-regulation. The next phase, once autonomy has begun to develop, is called self-regulation: this is when children start to become capable of exercising more control over their impulses and behaviour, and managing their own emotions.

This vital developmental milestone, however, isn't reached spontaneously. Learning to self-regulate requires sensitive guidance from trusted adults – simply talking with children about their thoughts and feelings, for instance, can ease the route to self-regulation. This guide has some expert tips for supporting children to reach this goal.

The guide on this subject can be downloaded from our school Facebook page. <https://www.facebook.com/TheAvenueInfantSchool/> and from the school website.