



SAFEGUARDING NEWSLETTER

Keeping children safe is everyone's responsibility.

The Avenue Safeguarding Team

If you are concerned about the safety or wellbeing of a child, the school's Safeguarding leads are here to help and are always available to talk to in person or via 01933 276366.



Mrs Morrall

Designated
Safeguarding Lead



Miss Halford

Deputy
Safeguarding Lead



Mrs Lucas

Deputy
Safeguarding Lead



Mrs De La Salle

Deputy
Safeguarding Lead

If you are concerned about a child outside of school hours please call MASH on 0300 126 1000 or email MASH@nctrust.co.uk. In an emergency situation call 999.

Family safety over the Christmas period:

Christmas / holidays can be a time of additional stress in families. For some families, situations that may feel manageable can become increasingly intolerable or unsafe.

If you, or someone you know is feeling unsafe over the school holidays, or any time, there is a useful government page with sources of information and support, including translations- [Domestic abuse: how to get help - GOV.UK](https://www.gov.uk/domestic-abuse/how-to-get-help)

Locally, Northamptonshire Domestic Abuse Service (NDAS) [Northamptonshire Domestic Abuse Service](https://www.ndas.org.uk) can provide advice and support 24 hours a day.



Safety Curriculum:

We talk to the children about what feeling safe feels like and how to recognise early warning signs that might mean they are feeling unsafe.

Talk to your child about their 'helping hand'. This is the network of adults that your child has identified who they trust will help them if they feel worried or unsafe

Family support in Wellingborough

The Wellingborough Family Hub is open at Penrith Drive as an excellent outreach centre supporting families with a wide range of needs such as health and wellbeing, financial, SEN and behavioural support. They have a website that provides many links to services available. Scan the QR code to take you to the website or [click here](#).



The Family Hubs November and December face-to-face events are detailed on page 2. There is so much more information and advice via the QR code.



Wellingborough Family Hub

Timetable: November - December 2025

Wellingborough Family Hub
 Fenith Drive, Wellingborough
 Northamptonshire, NN8 3LX
 Email: welfamilyhub@northnorthants.gov.uk



TO BOOK A SUPPORTER'S MEET, SCAN THE QR CODE

MONDAY



AM
 Stay & Play - NCT (0-5s)

10:00 - 11:30am | Activity Room | Weekly | Bookable

For ages 0-5, running/year-round (excluding bank holidays). To book a space, please register on Eventbrite.

PM

Best Start in Life



Information & Advice Stay & Play (0-5s)

1:00 - 2:30pm | Drop-in | Activity Room | Weekly

Play sessions for families with children 0-5, with staff on hand to offer advice and support. Occasional visitors include DWP, Fire Service, and local PCSOs.

TUESDAY

AM

Milk and You

10:00 - 11:30am | Activity Room | Weekly
 Peer supporters offer advice with all aspects of feeding. Book by text or via Milk & You on Facebook

Telephone support: 01327 220705

Freedom Programme - NCT

9:00 - 12:00pm | Meeting Room
 For bookings and further information, please contact the Family Hub.

PM

Best Start in Life - Developmental Baby Massage

12:00 - 1:00pm | Activity Room | Weekly | Bookable

Dates: 25/11/2025 - 10/12/2025
 A relaxing 4-week programme for parents to spend quality time with their baby and strengthen their bond.



Best Start in Life - Under 1's sing & story

07/10/2025 | 12:00 - 1:00pm | Activity Room | Bookable

For babies under 1, supporting communication and language through songs and stories.

Best Start in Life - Baby & Me

Dates: 12/11, 19/11, 26/11, 03/12

12:00 - 1:00pm | Activity Room | Bookable
 4 x 1 hour weekly sessions for parents with babies under 6 months, promoting responsive parenting.

Best Start in Life - Introducing Solids (4 months +)

11/11/2025 | 12:00 - 1:30pm | Activity Room | Bookable

Advice and guidance on starting your baby with solid foods.

Best Start in Life - Under 1's Sleep

18/11/2025 | 12:00 - 1:00pm | Activity Room | Bookable

Guidance on sleep routines and safe sleeping for babies under 1.

WEDNESDAY

AM

Best Start in Life Over 1's PEEP

10:00 - 11:00am | Activity Room | Weekly
 Bookable | Rolling programme

• 05/11 - Active Play

• 12/11 - Active Play

• 19/11 - Sing & Story and Sign along

• 26/11 - Sleep

• 03/12 - Tops & Tails

• 10/12 - Healthy Eating

• 17/12 - Sing & Story and Sign along

PM

Best Start in Life - Bumps & Babies

1:00 - 2:30pm | Activity Room | Weekly | Bookable

For parents from 28 weeks pregnant to babies up to 6 months.

DWP - Employment & Benefits Advice

1:00 - 4:00pm | Cozy Room | Weekly | Drop-in

1:1 Advice on benefits and employment. Runs on the first Wednesday of each month.

Adult Learning - Paediatric First Aid

12:30 - 14:30 pm | Meeting Room | Weekly | Bookable | Starting 19/11/2025

A 4-week course covering essential first-aid skills for babies and young children. Ideal for parents, carers and those working with children.

Shaw Trust

2:00 - 4:00pm | 1:1 Room | Weekly | Drop-in
 Support for unemployed young people (16-18) with work and training.

Best Start in Life - Glannis Hall

Playtime sessions for children under 5

If you need any support booking a group, please contact the Family Hub

THURSDAY

AM

Best Start in Life - Tea & Toast

9:15 - 10:15am | Drop-in | Weekly (term time only)

Join us with your children for tea & toast

Best Start in Life - Buggy Walk

10:30 - 11:30am | Weekly (term time only) | Drop-in

Walks start at the Family Hub. Please register at the family hub by 10:15am.

Stay & Play (Speech & Language Peer Support Workers)

10:00 - 11:30am | Activity Room | Weekly (invite only)

Play sessions with speech & language peer support.

1:1 Counselling

9:15 - 12:20pm | 1:1 Room

For foster carers, adoptive parents, carers, guardians, adopted adults and birth family. For enquiries and bookings, please contact the Family Hub.

PM

NHFT Infant Feeding Team - Latch Support Group

1:00-3:00pm | Activity Room | Monthly (3rd Thursday)

Feeding support for parents. For more details or to book, please contact the Family Hub.

Best Start in Life - Family Information Service

1:30 - 2:30pm | Monthly (2nd Thursday)

Speak with our FIS officer to find out what services are available.

FRIDAY

AM

Butterflies SEND Group (0-4s)

10:00 - 11:30am | Activity Room | 28th November & 19th December

For more information or to book, please contact the Family Hub.

Best Start in Life

Activity Sessions

10:00 - 11:30am | Activity Room | Weekly (except 4th Friday of every month) | Bookable | Rolling programme

• 1st Week - Introducing Solids (4 months+)

• 2nd Week - Sing & Story and Sign along

• 3rd Week - Sensory Play

PM

Family Action Stay & Play (0-2s)

12:30 - 2:00pm | Activity Room | Weekly | Drop-in

Play sessions for parents and children aged 0-2.

Family Action Neonatal Baby Group

2:15-3:15pm | Activity Room | Monthly (1st & 3rd Friday)

Drop-in session for parents (with or without baby) whose child aged 0-2 has spent time in a neonatal unit.

Healthy Start

We supply Healthy Start Vitamins and Drops. Please contact us for details or ask your Health Visitor for further information.

Parenting Courses

NCT offer a range of parenting courses to support you through different stages of family life. To find out what is available and how to book, please contact the Family Hub or visit our website.

Health Visitors Clinics
 (appointment only)
 Please contact Health Visitors Hub on - 08001707055 opt 4

Sensory Room

Available to book daily.
 Please contact the Family Hub to book