

The venue Infant School

FIRST AID AND MEDICINES POLICY

Signed on behalf of the Governing Body: Mt Stewart Miller

Position: Chair of Governors

Date: 12th May 2026

Review date: April 2027

FIRST AID AND MEDICINES POLICY REVIEWED APR 2026

“Many children will need to take medicines during the day at some time during their time in school. This will usually be for a short period only, perhaps to finish a course of antibiotics. To allow children to do this will minimise the time that they need to be absent.” *Managing Medicines in Schools and Early Years Settings – Department for Health.*

Medicines in school:

- ~ Members of staff who agree to administer medicines will have appropriate training and guidance. The type of training necessary to be dependent on the drugs used.
- ~ All staff will be familiar with normal precautions for avoiding infection and follow basic hygiene procedures.
- ~ Suitable protocols to be completed in conjunction with other health care professionals for the use of controlled drugs.
- ~ All medication to be handed in to the school office where staff will ensure that the necessary consent form is completed (**APPENDIX 3**)
- ~ All medicines will be kept in the school office, in the fridge if required. The office staff will be responsible for monitoring the condition and temperature of the fridge.
- ~ Asthma inhalers will be kept in the classroom, in a secure place, and taken with the child on all off-site visits and for PE sessions
- ~ Epi-pens/ Adrenaline allergy medication will be stored in the school office in clearly labelled bags, complete with guidance protocol created with parents and in line with medical advice.
- ~ Controlled drugs are to be kept in a locked container and only named staff to have access. A record to be kept of the use of controlled drugs.
- ~ Medicines, other than inhalers, will usually be administered by the school Administration Assistant, with a member of class staff as witness.
- ~ Before administering any medication the following details to be checked:
 - Parental consent form completed
 - Name of child
 - Name of medicine
 - Dose
 - Method of administration
 - Time/frequency of administration
 - Possible side effects
 - Expiry date
- ~ Medicine will not be administered if there is any doubt. School will endeavour to contact the parents for clarification.
- ~ Medication to be administered in the office or classroom, with the exception of inhalers and certain medications that should be administered where the child is located (the medication should be brought to the child in this instance, child should remain supervised whilst medication is collected).
- ~ Parents / carers will be required to complete a Medication Administration Request Form for all prescribed medication (**APPENDIX 3**)
- ~ Staff to complete and sign an individual record each time medicine is administered to a child (**APPENDIX 4**)
- ~ Parents will be informed if a child refuses to take medicine and this will be noted in the records. Parents will be informed of any refusal.
- ~ Pupils will not be allowed to self-administer any medication.
- ~ Generally only prescribed medication can be administered by school staff, but parents are welcome to come into school to administer appropriate, non-prescribed medication. Where a child has an on-going medical condition, over-the-counter medication, including tablets, medicines and creams, may be recommended by medical professionals but not prescribed. In these cases, school staff may administer non-prescribed

medication in accordance with this policy. Medication should be provided in the original packaging and written records kept in line with the policy. The school should obtain written confirmation from the parent / carer that the child has used this medication before and did not suffer any allergic or adverse reactions. The school must be completely satisfied that the reason for the non-prescribed medication is known and understood. The administration of over-the-counter medication will be reviewed every 48 hours with the parent / carer to ascertain if the need remains. The school reserves the right to refuse non-prescribed medication where the situation is unclear.

- Guidance for the administration of over-the-counter medication (May 2019):
 - *The medication container should have the child's name on it. For an OTC medicine this can be hand-written.*
 - *The medication is in date.*
 - *A consent form should also be completed that clearly details the dose and time of administration.*
 - *The parent/carer should confirm that medicine has been previously administered without adverse effect.*
 - *The use of OTC medicines should normally be limited to 24-48 hours, exceptions may be for the management of longer-term conditions and seasonal conditions such as hay fever.*

- ~ The school will not be held responsible for failing to administer any medicine.
- ~ Long term medical conditions / illnesses require an Individual Health Care Plan to be completed by the parent / carer. They should be reviewed at least annually – see policy for **Supporting pupils with medical conditions**.
- ~ Medical conditions and allergies will be collated from pupil data collected and shared with class staff in the format in **APPENDIX 7**
- ~ A digital laser thermometer will be available in the school office to check pupils' body temperatures where appropriate and to help inform appropriate action (children's typical 'normal' body temperature range is between 35.5 – 37.2°C) such as contacting parents / carers for the child to be collected.

First aid:

- ~ Staff will adhere to the guidance outlined in **Appendices 1 and 2** when administering first aid
- ~ First aid provision and arrangements will be included in induction processes
- ~ A list of current first aiders is displayed in the first aid room, staff room and office. However, all staff can administer basic first aid (but cannot be *required* to do so) but may seek the advice / support of a qualified first aid if required. Several staff will be trained in paediatric First Aid to meet statutory EYFS requirements.
- ~ First aid kits, along with replenishing supplies, are available centrally in school. Further first aid kits are available for use when leaving the school site. A nominated member of staff checks stock levels at least half termly however any member of staff should ensure they inform the school office if they notice any items are running low.
- ~ All first aid administered will be recorded in the daily log (date, including year, time, location, child's full name, class and details of incident and first aid give, staff initials)
- ~ Where first aid is administered a form will be completed for parents / carers and should be received by them on the same day (**APPENDIX 5**)
- ~ Guidance posters for parents and staff are given in **APPENDIX 7**
- ~ First aid duties are allocated for the highest risk times (playtimes) and first aid will usually be administered by the named member of staff (trained staff available to support if needed). At other times of day, class staff or nearest available staff will administer the first aid as required. A qualified first aid will usually be the person who decides if an ambulance is required.
- ~ The HSE should be informed of fatal or major injuries, and dangerous occurrences without delay. Injuries to anyone who has been involved in an accident at the school, or an activity organised by the school, are only reportable under RIDDOR if the accident results in:
 - The death of the person, and arose out of or in connection with a work activity,
Or
 - An injury that arose out of or in connection with a work activity and the person is taken directly from the scene of the accident to hospital for treatment (examinations and diagnostic tests do not constitute treatment).

Automated external defibrillator

The school has an AED that is stored centrally in the school office and appears on The Circuit- the national defibrillator network list of available devices for school and community use (when the school is open). Specific training is not required but staff have experienced an awareness session. The Circuit prompts regular checks of batteries and replacement of consumables when required.

Mental Health

The school has a trained senior mental health lead, Mrs Natalie De La Salle. She will support the school to make the best use of resources and effort to help improve the well-being and mental health of pupils and staff. Staff have received basic training in identify and understand the symptoms of a possible underlying mental health problems in order to support pupils and staff who might be experiencing a mental health issue as well as when and how to seek specialist support for more serious mental health problems.

The school will review this policy annually and assess its implementation and effectiveness.

THE AVENUE INFANT SCHOOL FIRST AID PROCEDURES – REVIEWED APR 2026

<p>LIST OF CHILDREN WITH SENSITIVE SKIN/ALLERGIES ETC ON MEDICAL INFORMATION LIST TO REFER TO</p> <p>ALWAYS WEAR GLOVES FOR FIRST AID</p> <p>SCHOOL STAFF ONLY TO ADMINISTER FIRST AID NOT VOLUNTEERS OR STUDENTS</p> <p>NEVER TOUCH OTHER SURFACES, EQUIPMENT ETC WHILST WEARING CONTAMINATED GLOVES –TAKE THEM OFF/ ASK SOMEONE ELSE TO HELP YOU</p> <p>ONLY USE DISPOSABLE BOWLS / LINED WASHING UP BOWLS FOR VOMIT</p> <p>CLEAN TAPS AND HANDLES IN SINK IF TOUCHED BY CONTAMINATED HANDS OR GLOVES</p> <p>SURFACES, SINKS AND VOMIT BOWLS CAN BE CLEANED WITH ANTI-BAC SPRAY</p> <p>WHEN REMOVING GLOVES DO SO FROM CUFF DOWNWARDS SO TURNING THEM INSIDE OUT</p> <p>WASH HANDS AFTER TAKING GLOVES OFF</p>	<p>Class medical information list – plaster allergies etc.</p> <p>For own protection.</p> <p>They will know more about terms of administration of medicine than anyone else.</p> <p>To prevent spread of germs.</p> <p>To prevent spread of germs.</p> <p>To prevent spread of germs.</p> <p>To prevent spread of germs.</p> <p>To prevent spread of germs.</p>
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FIRST AID GUIDANCE FOR STAFF WHEN TREATING INJURIES

Reassure the child and ask them, or an accompanying friend, what they have done whilst you are treating them. Ask them and double-check them to see if there are any other injuries to the one they are reporting to you.

Before treating check the child has no recorded allergic reactions to plasters – see list on noticeboard in first aid room or check with class teacher if in class.

Always record the injury and your treatments in the First Aid folder using first and surnames. Class lists are kept on the table in the first aid folder.

All first aid equipment is in the first aid kits Please report any shortages to the school office who will then order new supplies that are needed.

Please make sure that recording forms and notes home reporting head or other injuries are kept in good supply.

TYPE OF INJURY	ACTION AND TREATMENT	OTHER ACTION
GRAZES and CUTS	Wear protective gloves. Usually a wetted paper towel to clean the graze is enough. Where the bleeding does not stop please put a plaster on it. Larger grazes or cuts may need a larger dressing. Melamine dressings and tape can be used instead. Double check that the child does not have a plaster allergy – information in classrooms and first aid folder.	Enter treatment etc into the first aid books.
DEEP CUTS	Wear protective gloves. Try to stem the bleeding by applying pressure – use paper towels or tissues. In some cases it may be more effective to use a bandage from the first aid boxes on the shelf. You will need help with very upset children and/or very deep wounds. Ask for help from one of the designated first aiders who will either give you advice or help with treating the injury.	Ensure that all blood is cleaned up properly. Enter treatment etc into the first aid books. Child will probably need to go home. Advise parents/carers to take child to surgery.
LIGHTLY BUMPED HEADS	Use a wetted paper towel to soothe the bump for a few minutes. Check that the child does not have a headache. If they do then they can sit with the class teacher who is on duty that lunchtime.	Enter treatment etc into the first aid books. It is vital that you fill out a bumped head letter and give it to class teacher to be sent home to the parents or carers.
SEVERELY BUMPED HEADS	Use an ice pack from the freezer, slip it inside a protective cover (in a box on the shelf) and wrap around child's head across the bump. Send for a first aider to check it and decide if the child needs to go home or not.	Enter treatment etc into the first aid books. It is vital that you fill out a bumped head letter and give it to class teacher to be sent home to the parents or carers.
SPLINTERS	If the splinter is protruding then sterile tweezers may be used to remove the splinter. <u>No</u> attempt to remove the splinter should be made in any other fashion / using any other equipment or if the splinters does protrude the skin.	Enter treatment etc into the first aid books. Ensure that classroom staff know.
NOSE BLEEDS	Wear protective gloves. Pinch the child's nose (or ask them to do it themselves if they are able to do so properly) across the bridge and ask child to lean forwards – over a bowl. Hold the nose for several minutes and then gently	Enter treatment etc into the first aid books. Ensure that classroom staff know.

	<p>release it. If it stops bleeding try to clean up the blood but do not wipe away any clots in the nose.</p> <p>Some nose bleeds are very minor and do not cause any distress. Children can go back out to play but should not run around for the rest of the session.</p> <p>Some nosebleeds are much more severe. Send for help where you are unsure about the severity of the bleed.</p> <p>A nose that will not stop bleeding is worrying and parents or carers need to be informed. The child may need to be taken to the doctors.</p>	
SPRAINS	<p>Check the injury. If it has swollen, place an ice pack over it and raise the limb – place a foot on a chair or rest an arm across the chest.</p> <p>Where there is no swelling gently encourage the child to walk around for a few moments or flex their arm or wrist. They may be fine and just need reassurance.</p> <p>Where you are uncertain speak to a first aider. The child may need further treatment and may need to go home.</p>	<p>Enter treatment etc into the first aid books.</p> <p>Ensure that classroom staff know.</p>
SICKNESS	<p>Wear protective gloves.</p> <p>Decide if the child is really ill and needs to go home or whether they have just brought up phlegm due to a bad cough or whether they have overeaten and will be okay to continue with school that day.</p> <p>You may need to change their clothing – spare clothes in the boxes on the upper shelves.</p> <p>Place all soiled clothing in a carrier bag to send home with the child.</p>	<p>Enter treatment etc into the first aid books.</p> <p>Ensure that classroom staff know.</p>
WET OR SOILED CLOTHING	<p>Wear protective gloves.</p> <p>You will need to change their clothing – spare clothes in the boxes on the upper shelves.</p> <p>Place all soiled clothing in a hazard waste bag to send home with the child.</p> <p>Send back out to play if child is okay and not upset. They may need to walk around with an adult for a bit of reassurance. Unless the accident was due to illness they should be fine.</p> <p>If the accident was due to illness then you will need to ask office staff to contact home.</p>	<p>Complete toileting record.</p> <p>Ensure that classroom staff know.</p>

Medication Administration Request Form

The school will not give your child medicine/s unless you complete and sign this form, and the school has a policy that the staff can administer medicine. Only prescribed medication for the named child can be administered by the school and has to be in the original packaging with the prescribing label. Non-prescribed medication can only be administered for on-going medical conditions that are known by the school in line with the Medicines and First Aid Policy. Over the counter medication should be clearly named and in date.

Name of child	
Date of birth	
Year & class	
Medical condition or illness	

Medicine

Name/type of medicine <i>(as described on the container)</i>	
Expiry date	
Dosage and method	
Timing	
Special precautions/other instructions	
Are there any side effects that the school/setting needs to know about?	
This medication has been previously administered without any adverse effects	YES / NO
Self-administration – y/n	
Procedures to take in an emergency	

NB: Medicines must be in the original container as dispensed by the pharmacy OR in over-the-counter packaging, in date and with the child’s name (this may be handwritten for ‘over-the-counter’ medication only)

Contact Details:

Name	
Daytime telephone no.	
Relationship to child	

The above information is, to the best of my knowledge, accurate at the time of writing and I give consent to school staff administering medicine in accordance with the school policy. I will inform the school immediately, if there is any change in dosage or frequency of the medication or if the medicine is stopped. I understand that the school will not be held responsible for failing to administer any medication.

Signature(s) _____ Date _____

Signed by receiving member of staff _____

MEDICATION LOG AND RECORD OF MEDICATION ADMINISTERED

Medication only to be given if Request to Administer Medication form has been completed.

Name of Child: _____

Name of Medication: _____

Receipt of Medication

Is it properly labelled with the child's name? Prescribed or approved over-the-counter medication? In date?	YES/NO – if no it cannot be given to the child and the parent/carer informed
Timing of medication to be given – either a time or 'as required'	
Dosage & method of administering medication – medicine spoon/syringe/spacer must be provided by parent/carer	
Where is it to be stored?	<i>Fridge/Medicine Box</i>
Medication returned to child's parents/carers	YES/NO

Daily Medication Log

Day & Date	Name of medication	Dose given	Time given	Signature of staff	Witnessed by Name and Signature	Medication returned to parent/carer (if necessary)	Signature of parent/carer (on return of medication)
Monday Date:							
Tuesday Date:							
Wednesday Date:							
Thursday Date:							
Friday Date:							

FIRST AID LETTER HOME FOR PARENT/CARER INFORMATION (Version APR 2026)

Name of child: _____ Date: _____

Dear Parent or Carer,

Today at _____ your child was administered a form of First Aid. This letter is not intended to alarm or worry you. It is intended to provide information that could prove vital in exceptional circumstances.

How they were hurt	Where they were hurt (circle or tick)	Treatment administered
Bump	Head (please read the box below)	cleaned
Graze	Face – eye, cheek, nose, chin	cold compress
Cut	Mouth – tooth, lip, tongue	ice pack
Other injury (described here)	Hand/finger	plaster
	Arm/elbow	eye wash
	Foot/toe	dressing
	Leg/knee	

Any additional information.
INFORMATION ABOUT BUMPS TO THE HEAD

Children often bump their heads with no further consequences. The school informs parents when a child bumps their head so parents can keep an eye on their child once they get home from school. This is because it is possible for a more serious internal injury to occur without obvious symptoms for several hours.

For your guidance, symptoms of serious head injury are listed below:

- Child seems disorientated
- Impaired or loss of consciousness
- Noisy breathing becoming slow
- Weakness or paralysis of one side of the body
- High temperature; flushed face
- Clear fluid or watery blood leaking from the ear or nose
- Distortion or lack of symmetry of the head or face
- A noticeable change in personality or behaviour, such as irritability
- Vomiting
- Intense headache
- Unequal or dilated pupils
- Drowsiness
- A soft area or depression of the scalp
- Blood in the white of the eye

If your child displays any of the above symptoms (they may not all be apparent), you should seek immediate advice from your GP or local A&E Department.

Member of staff treating: _____

MEDICAL INFORMATION ON PUPILS IN _____ CLASS

(4 COPIES FOR HEAD, OFFICE, FIRST AID ROOM & CLASS TEACHER)

Please provide information about pupils who may have allergies or medical conditions and any associated actions the school needs to take.

NAME OF CHILD	DETAILS – ALLERGY AND TREATMENT
SAMPLE CHILD	EXCEMA – NO PLASTERS, SOAPS, FOOD CONTAINING DAIRY PRODUCE. OWN PLASTERS PROVIDED – ON SHELF IN FIRST AID ROOM OWN SOAP PROVIDED

GUIDANCE FOR PARENTS ABOUT OUR POLICY

MEDICINES IN SCHOOL – OUR POLICY MUST BE COMPLIED WITH PLEASE

We are happy to administer medication in school if your child suffers from a long-term illness or condition such as asthma or hayfever, or is well enough to return to school after an illness but has to complete a course of antibiotic treatment. We can administer a dosage **provided** the following conditions are complied with:-



The medication **must** be prescribed by a doctor OR 'over-the-counter' medication recommended by a medical professional in order to manage an on-going medical condition (usually this will only be for 24-48 hours except for seasonal conditions such as hayfever or the management of longer conditions. If required for longer this will be reviewed every 48 hours with parents/carers). The school reserves the right to refuse to administer over the counter medication if this is not clear.

The medication should be in its original packaging and clearly named (For prescribed medication, both the outer package **and** the bottle/container must have the prescription label on it).

Prescribed medication **must** be in the original prescribed container clearly labelled with name and dosage.

The request **must** be recorded on the correct forms – available from the school office, and **exact**

instructions must be given with dosage and time of administration.

The medicine must be brought to school by the parent/carer and handed into the school office.

If parents/carers prefer to come to school to administer a lunchtime dosage that is perfectly acceptable.

All medicines are kept away from the children on high shelves in the classroom or in the fridge. Children **must not** keep medicines or tablets on their person.

If at any point we are unhappy about administering the medicine (i.e if a form has not been filled in or the bottle has no named prescription label) we reserve the right not to do so.

We cannot be held responsible for forgetting to administer medicine.

We take no responsibility for delivering forgotten medicine to a child's home at the end of the day.

Thank you for your understanding and co-operation.

DEFINITION OF FIRST AID IN THIS SCHOOL

ANY PROCEDURE YOU CARRY OUT
ON ANOTHER PERSON
THAT INVOLVES YOUR PHYSICAL CONTACT
IN ORDER TO ADMINISTER
RELIEF FOR ANY INJURY, PAIN OR ILLNESS.

PLEASE REMEMBER THAT
FIRST AID ON PUPILS MUST ONLY BE
CARRIED OUT BY A MEMBER OF THE
SCHOOL STAFF OR PERSONS EMPLOYED
BY HEALTH OR EDUCATION AGENCIES.

VOLUNTEERS AND STUDENTS
SHOULD NOT CARRY OUT **FIRST AID**.

ALWAYS WEAR RUBBER GLOVES FOR FIRST AID



REMEMBER TO WASH YOUR HANDS AFTER YOU HAVE
REMOVED YOUR GLOVES

NEVER TOUCH OTHER SURFACES, EQUIPMENT ETC WHILST
WEARING CONTAMINATED GLOVES –TAKE THEM OFF/ ASK
SOMEONE ELSE TO HELP YOU

WHEN REMOVING GLOVES DO SO FROM CUFF
DOWNWARDS TURNING THEM INSIDE OUT

DISPOSE OF THEM IN THE FIRST AID BIN