

THE AVENUE INFANT SCHOOL

P.E ACTION PLAN 2025 - 2026

At The Avenue we would like to:

- Improve children's resilience and wellbeing through a values rich curriculum.
- Engaging parents in promoting healthy lifestyles in school and beyond.
- Varied and active playtimes for all pupils.
- A consist approach to the teaching and learning of the PE and sport curriculum across the school using the Real PE resources.
- Raise our profile and attendance to competitive events.

Total amount carried over from 2024/25	£0
Total amount funded for 2025/2026	£15,747
Total amount altogether for 2025/2026	£15,747

Key Indicator 1: The engagement of <u>all</u> pupils in regular physical activity				
Actions:	Funding:	Evidence and intended impact:	Actual spend to date:	Evidence of impact:
To continue with the implementation of the OPAL Primary program which aims to sustainably improve the quality of play throughout all aspects of the school.	£1,000	Maintain and provide resources to keep children engaged in open ended play at playtimes.	£824	We have continued this approach for several years, and it remains a crucial part of supporting the development of our playtimes and lunchtimes. Maintaining and replenishing OPAL resources ensures that children have access to engaging, high-quality opportunities that encourage creativity, physical activity, collaboration, and purposeful play.
Provide children with the opportunity to engage in physical and active lunchtimes.	£2,000	Employ an additional member of staff (OPAL Play Coordinator) to organize and support lunchtime and playtime resources that targets identified children to engage in daily physical activity.	£1,681	
To support pupils' physical regulation by providing gross motor resources within the SNUG provision	£500	To enhance children's gross motor development by making a wider range of resources available at all times. Buy resources that will support the current children's abilities and needs.	£0	This was a very successful initiative and provided valuable support for children's physical development at home. As a result, children were able to continue developing their physical skills beyond the classroom, which created further opportunities to strengthen their physical development and support the development of their writing skills and techniques.
Ensure all current EYFS children have the same opportunity physically, by providing them with fine	£500	Buy good quality fine motor skills resources and put together packs for any child that needs extra support to	£259	

motor skills packs at home.		have the opportunity at home to continue to develop their fine motor skills.		
To update and resource the EYFS area with appropriate physical development resources to support the EYFS curriculum.	£1,000	Children will have continuous opportunities to develop and strengthen their fine and gross motor skills within the provision through independent access to appropriate tools	£738	
Total amount spent for key indicator 1:	£5,000		£3,502	

Key Indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

Actions:	Funding:	Evidence and intended impact:	Actual spend to date:	Evidence of impact:
PE lead to have time out of class termly to put actions in place, organise actions and disseminate information to staff across the school.	£500	Staff well informed of changes within the PE curriculum. Organization of in and out of school competitions and sporting events such as sports day and sports relief. Action plans up dated and actioned. Staff to attend competitions to give children the opportunity to participate within a variety of competitions in a competitive environment.	£79	This has not been necessary this year due to having a student teacher supporting within the classroom. This has enabled me to complete any additional sports-related work and planning indoors, ensuring that pupils have continued to receive valuable learning opportunities and support.
Supplement or replace existing PE resources as required	£1,000	To provide more of an opportunity for children in school to develop their physical development skills throughout the school day.	£565	Resources have been updated to ensure that children's development, engagement, and safety remain our top priorities. All equipment and resources are carefully reviewed to ensure they are appropriate, accessible, and support children in developing their skills effectively.
To acquire a Cosmic Kids Yoga subscription to support relaxation practices within the classroom	£45	To help children feel more relaxed and calm after a busy outdoor session. Also to prevent the appearance of inappropriate advertisements.	£45	The EYFS team have used this resource consistently each week and have reported very positive outcomes. They have observed that it helps the children to become calmer, more focused, and better prepared for their learning, creating a positive and productive classroom environment.
Total amount spent for key indicator 2:	£1,545		£689	

Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Actions:	Funding:	Evidence and impact:	Actual spend to date:	Evidence of impact:
To continue using Real PE/Real Dance/Real Gym through the Jasmine platform. All staff have access to the scheme and continue with the school overview that was put in place via the 'legacy' contract.	£695	All staff using the PE scheme will be able to teach progressive skills through all areas of PE. Children can develop their fundamental movements and prepare them for different games skills in the future.	£695	The children continue to develop and refine their fundamental movement skills, building on their learning year after year. They are becoming increasingly confident in linking these movements together, strengthening their physical abilities, coordination, and overall competence across a range of activities.

To continue to renew membership for OPAL on-going membership	£1,250	Staff keep playwork training up-to-date and can promote the value of active play for all pupils and support pupils in developing their skills and decision-making.	£875	The play team continue to drive momentum to continue to evolve OPAL provision. Staff continue to support pupils in their outside play in line with playwork training and valuing / adding to diverse play opportunities during playtimes.
Total amount spent for key indicator 3:	£1,945		£1,570	

Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils				
Actions:	Funding:	Evidence and impact:	Actual spend to date:	Evidence of impact
An active and traditional way to keep fit. Children learning to problem solve, work together and learn different routines.	£650	The whole school will have an opportunity to experience and learn maypole dancing. This will be then showcased to parents afterwards.	£624	The Maypole dancing sessions were not as successful as they were last year. The activities were not sufficiently differentiated for the Year 2 pupils, and the choreography was too simple for their ability level. This feedback has been shared with the provider, who has acknowledged our concerns and assured us that future sessions will be more appropriately tailored to the abilities of each year group, providing a more engaging and challenging experience for all pupils.
EYFS will learn a different style of keeping active through dance. This will provide children with the opportunity to improve their confidence and self-esteem.	£600	EYFS will experience 3 whole day workshop of Zumba activities through 'Dance with Bowie.'	£400	This year, we have increased the number of Zumba sessions on offer, and they have continued to be just as popular with the current cohort as they were with previous groups. Introducing new songs, routines, and skills has been a great success, keeping the sessions fresh, engaging, and enjoyable for the children while continuing to develop their confidence, coordination, and enthusiasm for physical activity.
To expose pupils to different sports and career aspirations through Aspirations Week	£1,000	Aspirations week Cricket day the week before & Courtney Orange-gymnastics day linked to club.	£1,236	Courtney was an inspirational and wonderful addition to Aspirations Week. He engaged and motivated the children through his experiences, encouraging them to believe in themselves and aim high. His enthusiasm and positive attitude also inspired staff, making his visit a memorable and valuable experience for both children and adults.
To introduce a gymnastics club, funded by the Sports Premium, to enhance physical development.	£3,000	To provide all children in ks1 with the opportunity to participate in a gymnastics club. Children will develop their gymnastics skills and their confidence in the after school club.	£2,574	This has been a fantastic opportunity to offer a fully funded club for our pupils. The club was thoroughly enjoyed by all of the children who attended, and the level of interest was exceptional, with over 100 children applying for places. This demonstrates the enthusiasm for extracurricular sporting opportunities within our school and the value of providing accessible activities for all.
To broaden children's horizons by providing them with opportunities to learn about healthy food.	£500	All children in Key Stage 1 will learn how to prepare healthy food, identify healthy options, and work hygienically within a kitchen environment.	£3,299	The children benefited from a fantastic learning opportunity through this experience and were extremely proud of their achievements. It was wonderful to see their confidence and enthusiasm grow as they took part. Next year, we intend to maintain this opportunity for Year 1 pupils only.
Total amount spent for key indicator 4:	£5,750		£8,133	

Key Indicator 5: Increased participation in competitive sport				
Actions:	Funding:	Evidence and impact:	Actual spend to date	

Attend competitions to provide the children with the opportunity to participate in a competitive environment against other schools. - Pacesetters	£600	Children given the opportunity to attend competitions in a competitive environment with other schools.	£315	Throughout this year, we have participated in all of the competitions offered and have been very pleased to work alongside Pacesetters in delivering these opportunities. The wide range of events has allowed pupils to experience competitive sport, develop their skills, and represent the school with pride. It has also been fantastic to see the inclusion of a variety of competitions for our EYFS children, giving them the opportunity to take part in enjoyable, age-appropriate sporting activities and develop their confidence from an early age.
Organize a minibus to competitions.	£900	Transport to attend the competitions.	£720	
Total amount spent for key indicator 5:	£1,500		£1,160	

Dentist come in- tooth and toothpaste come in. speak to local dentist — (students)

Autumn Term Evaluation:

This has been a very busy and fun term. EYFS staff identified that all children within EYFS require additional support with their fine and gross motor skills. As a result, 60 physical development packs were ordered, organised, and sent home for children to use and keep. Competitions have begun with the new Club Pacesetters initiative. This was a great success, with both staff and children thoroughly enjoying the event.

An international gymnast has been organised to deliver an assembly and workshops for each year group, aimed at inspiring pupils and encouraging their aspirations. In addition, a cricket workshop day will take place this week (for our new exciting aspirations week).

Healthy eating workshops have also been organised for the whole school, providing a new and exciting opportunity to enhance children's knowledge and understanding of healthy lifestyles.

Finally, we have launched our first gymnastics club at the school, which has proven to be extremely popular and successful with the children.

Spring Term Evaluation

This has been a very busy and exciting term. We welcomed a cricketer who worked with the children to develop their cricket skills. The session was highly engaging, and the children also learned about a variety of fun, free local cricket groups and nearby teams they could join. Many were inspired and expressed a keen interest in trying cricket outside of school.

We also took part in our first EYFS competition, which the children thoroughly enjoyed. It was a fantastic experience, and we are delighted that they will have another opportunity to participate in a competition next term. We have been very pleased with the range of competitions available and the opportunities they provide for all children to get involved.

In addition, Maple Class visited Kingswood Healthy Kitchen, which was an amazing experience. Each child had access to their own workstation, complete with a sink, oven, and cooking tools. They independently made their own healthy pizzas and were extremely proud of their achievements. The children were especially pleased with how simple and enjoyable the process was. We are excited that this opportunity will continue for the rest of KSI next term.

Summer term Evaluation:

This term has been incredibly busy and full of exciting sporting opportunities for our pupils. We concluded the year's competitions with our KSI football event, where the children represented the school brilliantly. They demonstrated excellent teamwork, determination, and sportsmanship throughout the competition, giving their very best in every match and achieving a well-deserved 7th place.

We also held our annual Sports Day, which was organised by year group to ensure every child had the opportunity to participate fully. It was fantastic to see such enthusiasm, resilience, and encouragement from all pupils as they took part in

a range of activities. The Snug also enjoyed a Sports Day that was carefully adapted to meet the needs and abilities of the children, ensuring an inclusive and enjoyable experience for everyone involved.

As part of our end-of-year preparations, all PE equipment has been thoroughly reviewed and evaluated. Equipment that was no longer safe or fit for purpose has been appropriately disposed of, while resources in good condition have been organised and stored correctly ready for next academic year.

Looking ahead, I have begun planning a range of alternative sporting activities for next term. With the ongoing building work taking place on the school site, these activities will be designed to make the best use of outdoor spaces beyond the school grounds, ensuring pupils continue to receive a varied, engaging, and high-quality PE curriculum.