

# P.E ACTION PLAN 2019 – 2020 EVALUATION

At The Avenue we would like to:

- Improve children’s resilience and wellbeing through a values rich curriculum.
- Engaging parents in promoting healthy lifestyles in school and beyond.
- Varied and active playtimes for all pupils.
- A consist approach to the teaching and learning of the PE and sport curriculum across the school using the Real PE resources.
- Raise our profile and attendance to competitive events.

2019 – 2020 Sport funding allocation £17,200

**Key indicator 1:** The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

| Actions:   | Funding:                           | Evidence and impact:   | RAG Review |     |     | Actual Spend | Impact on Pupils (following review)  | Sustainability / next steps  |
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|  |                                    |  | Aut        | Spr | Sum |              |  |  |
| PE lead to run a family funs club that engages children and their families in club in school with resources sent home to encourage the activities to be carried out at home. During the club, healthy refreshments will be offered. It will provide an opportunity to discuss healthy eating as well emphasizing it. | £450 for 10 family funs home packs | Families provided with a resource pack, which will encourage them to continue their experiences in the family funs club at home. Observations of wellbeing and involvement throughout the sessions and the changes in this. Marked engagement and interactions between the child and their adult.<br>Attendance register of families attending. Spring and Summer term |            |     |     | £450         | Club ran in Autumn term with 6 families. All families received a Family Funs pack for home, including equipment to repeat games and encourage physical activity, and healthy eating ideas. | Ensure staffing capacity to run Family Funs for at least 2 terms if Covid-19 restrictions allow. |
| Provide the children with more physical development opportunities in the playground.<br>Add 3 wall panels with physical activities on. Children will have a variety of activities to choose from and these will encourage more play that is physical at playtime.  | £2000                              | All KS1 and EYFS children provided with the opportunity to participate in a new outdoor experience and help strengthen their fundamental skills.   |            |     |     | 0            |  |  |

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| To encourage bike safety. Replace the bike helmets annually to protect the children's safety when using the bikes. Have the bikes serviced and maintained annually.                                  | £90<br>10 helmets                                    | Children are looking after the bikes and their helmets and are taking care to look after their own safety and each other's.  |  |  | £90                               | Bikes able to be utilized safely daily (each playtime). New helmets are easier to adjust to different sizes and more robust.   | Continue weekly check of bikes and helmets by site supervisor.   |
| Purchase traffic lights, road signs, cones, bike safety jackets. To increase enthusiasm for children to participate in physical activity daily. Increase awareness of road safety.                   | £270   | Learning all about the green cross code and road safety. Children share and take in turns and help to encourage others to think carefully when using the bikes. Gives children a sense of responsibility.  |  |  | £270                              | The additional resources added to the road role play enriched the physical activity and made more real. Road safety learning and conversations could be included in the role play. | Resources maintained and in use with the bikes going forward.  |
| Purchase a range of playground toys to increase the selection of resources available to the children at playtimes and lunchtime to encourage them to be active and develop their fundamental skills. | £232.00  | Children's fundamental skills developed through the variety of equipment offered. This will be evidenced through assessments during PE lessons against the fundamental movement skills. Children are learning to care and look after the toys and share with others. |  |  | £407-<br>resources                | Additional playground toys purchased to support development of balance, coordination and agility.  | Staff support appropriate use of these resources and improving skill. Continue to build on physical play opportunities through possible OPAL project in 2020-2021: <a href="https://outdoorplayandlearning.org.uk/home/for-schools/">https://outdoorplayandlearning.org.uk/home/for-schools/</a> |
| Update and re organize the early years foundation stage physical development resources for their outdoor area.   | Tyres<br>£175.00                                     | Improved organisation and new equipment purchased that addresses the needs of the children and their gross and fine motor skills.  |  |  | £175<br>tyres<br>£70 wheel<br>set | Improved gross and fine motor development opportunities in EYFS outside provision meaning more pupils access physical learning.  | Consider adding further resources in 2020-2021 to improve further.   |
| Audit and update P.E. resources and storage  | £1,000 PE<br>resources<br>£100.00<br>Ball<br>Storage | P.E. resources are sufficient to support PE teaching across EYFS and KS1 and enable a balanced and engaging PE curriculum. PE outcomes are positive.   |  |  | £1238                             | Observed P.E. lessons show resources are in good condition and sufficient for numbers of pupils.   | Annual audit of resources and replenish as required. Appropriate storage means resources are protected.  |

**Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement**

| Actions:   | Funding:             | Evidence and impact:  | RAG Review |     |     | Actual Spend | Impact on Pupils (following review)   | Sustainability / next steps  |
|--|----------------------|---|------------|-----|-----|--------------|---|--|
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| PE lead to have time out of class termly to put actions in place, organize actions and disseminate information to staff across the school.   | £300                 | Staff well informed of changes within the PE curriculum. Organisation of in and out of school competitions and sporting events such as sports day and sports relief. Action plans up dated and actioned.  |            |     |     |              | P.E. leads have had time out of class to audit resources, plan sport funding spending and to organize and supervise attendance at local competitions.   | Ensure P.E. lead in 2020-2021 has half termly day out to ensure plan is adhered to and funding spent as planned. |
| Children's mindfulness and wellbeing is part of our school development plan. We plan to start a wellbeing-walking club that will take place for half an hour twice a week during lunchtimes. | £350                 | Children have the opportunity to have time with an adult to engage in social conversations of their choice in an alternative environment to the school setting. It will be a suggested intervention for children that find lunchtimes tricky and need a change of environment or those that may struggle at times to maintain their concentration in the classroom. |            |     |     |              | Twice weekly walking club has taken place for up to 12 pupils, supported by 2 members of staff- to support positive mental health and improve activity levels. Approximately 40 pupils have been able to be part of walking club to the end of March. Their activity levels improved and well-being scores increased during the time. | Continue in 2020=2021 to support pupil physical activity and positive mental health. Explore School Dog idea.    |
| Children to take part in regular sessions of yoga and mindfulness. To help encourage and promote positive behavior. Each to have an individual yoga mat to help enhance the experience.      | £407.00<br>yoga mats | Children have the opportunity to calm down and reflect upon their day so far. They are learning techniques that help calm and control their mind.   |            |     |     | £659         | Class weekly yoga sessions in place and yoga mats being utilized which supports pupils calmness and focus due to improved comfort.  | Share good practice to develop practice.   |

**Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport**

| Actions:  | Funding:               | Evidence and impact:   | RAG Review |     |     | Actual Spend | Impact on Pupils (following review)  | Sustainability / next steps   |
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| Jasmine yearly license – online portal for Real PE. A new approach to the planning and delivery of the scheme that we currently use which will make the resources and planning materials much easier for staff to access and use. | £250<br>yearly license | Staff using the most up to date and current resources that are fun and interactive to engage and enthuse children in their PE lessons. Staff observations in Autumn term |            |     |     | £245         | Teachers confidence and familiarity with use of Real PE resources has improved through the Jasmine portal. More use of positive examples of Real PE skills in lessons. | Explore extended Jasmine subscription for 2020-2021 and potential benefits. |

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| PE leads to attend PE conference to discuss school sport premium spending and updates of changes. | £198- 2 tickets | Staff well informed of changes within the PE curriculum. Organization of in and out of school competitions and sporting events such as sports day and sports relief. |  |  |  | £298 | P.E. leads up-to-date with latest guidance and ideas for Sports premium spending 2020-2021 | Implement ideas in 2020-2021         |
| Train staff members who have not had Real PE training with the scheme.                            | £600            | Staff feel confident to deliver the Real PE scheme in their PE lessons.  |  |  |  | £420 | All teachers more confident and skilled in the delivery of PE teaching.                    | New staff to access Real PE training |

#### Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

| Actions:   | Funding:                             | Evidence and impact:  | RAG Review                |                 |                         | Actual Spend                               | Impact on Pupils (following review)   | Sustainability / next steps  |
|--|--------------------------------------|---|---------------------------|-----------------|-------------------------|--|---|--|
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| Each year group to have the opportunity to run an extra curricular activity trip which engages children in something that we are unable to offer in school due to limited space in the school grounds.   | £1500<br>Up to £500 – per year group | Each year group to participate in an outdoor learning experience that provides something additional to what we are able to offer at our school due to limited space and no green space.   |                           |                 | Due to Covid-19 closure |  | Unable to take place due to Covid-19 lockdown and school closure.   |  |
| To run a termly cooking club that engages children and parents in making healthier choices and purchase the healthy ingredients needed for this.   | £400<br>4 clubs                      | Evidence of cooking clubs taking place and percentage of attendance. Photo evidence and evidence of pupil voice.  |                           |                 | Due to Covid-19 closure | £174                                       | Clubs took place in Autumn 2 and Spring 1 and involved 12 pupils. The pupils were engaged in creating healthy snacks and meals, plus resources to take home to replicate the dishes. The last session involved the children's parents. Children's interest in food improved and several improved the range of foods they would try. | Continue next year with identified pupils.   |
| SSCO to provide team teaching of games with teachers to upskill and further their teaching of PE. SSCO to deliver a weekly lunchtime club for two terms to promote and engage children in physical lunchtimes. Another part the support that is offered is the organisation and facilitating a range of competitions for our children to participate in. | £1500<br>SSCO                        | Staff receiving support during PE lessons to increase their knowledge and skills with the teaching of games in PE. Children encouraged to be more active and physical at lunchtimes. Children given the opportunity to attend competitions in a competitive environment with other schools. | Lunchtime club and Year 2 | Year 1 and EYFS | Due to Covid-19 closure | £1500<br>SSCO<br>£250<br>School Games Mark | Lunch club engaged a large number of pupils and improved their activity levels and well-being. SSCO support during P.E. lessons upskilled teachers in the delivery of games lessons, in particular hockey for Year 2. No competitions were organized by the SSCO this   | Explore if a refund is possible for Summer term. Develop for 2020-2021 to expand support for teaching. |

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|   |              |  |  |  |                         |      | year.  |  |
| To encourage and increase children's awareness of healthy eating by visiting Kingwood Catering Club in Corby. Children will develop their cooking skills and knowledge about different food groups.                 | Minibus hire | Children to increase their awareness of the different food groups. To form an understanding of the different skills involved within cooking from an experienced chef.  |  |  | Due to Covid-19 closure |      | Not yet available for use at point of closure due to Covid-19.   | Investigate if available for use in 2020-2021  |
| Promote children's knowledge and understanding about gardening and the key skills of caring for the environment. Due to the demographic location, the children do not have many opportunities for outdoor learning. | £400         | To develop an understanding about the environment and have an opportunity to grow their own vegetables.  |  |  | Due to Covid-19 closure | £28  | This was begun but stalled due to Covid-19 closure.  | Gardening opportunities to developed for all year groups in 2020-2021 and plan for garden area development for the year. Carry budget forward. |
| Healthy me week- promote wider ways of achieving good health through Yoga specialist workshops with classes and healthy eating work.  | £250         | Pupils to have a positive experience of the impact of yoga practice and mindfulness and to improve their understanding of the impact food has on our bodies and minds. |  |  |                         | £261 | Teachers upskilled in yoga teaching by observing professional yoga teacher (sustained benefits). Pupils enjoyed the yoga workshop experience and tasted new foods in the healthy food tasting opportunities. | Sustain yoga teaching into 2020-2021   |

#### Key indicator 5: Increased participation in competitive sport

| Actions:  | Funding: | Evidence and impact:   | RAG Review |     |                         | Actual Spend | Impact on Pupils (following review)  | Sustainability / next steps   |
|---|----------|--|------------|-----|-------------------------|--------------|--|---|
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| Attend pacesetters competitions to provide the children with the opportunity to participate in a competitive environment against other schools. |          | Attendance at pacesetter competitions and lists of children that attended each competition. Children provided with the opportunity to apply their physical ability in a competitive environment outside of school. |            |     | Due to Covid-19 closure | £175         | A couple of interschool sports competitions were attended with teams from The Avenue prior to Covid-19 lockdown, including one that focused on SEN pupils. 16 pupils had the opportunity to attend these competitions and learnt new skills, building their confidence and self-belief in the process. Their achievements were | Engage in competitions next year (if available due to Covid-19 restrictions). If not, organise intra school competitions between classes. |

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|  |               |   |  |  |                         |              | celebrated back in school in the school celebration assembly.  |   |
| Minibus hire and driver to enable our school to participate in district competitions, which will broaden the children's experiences of competitions and a competitive environment with other schools children. | £200          | Attendance at competitions and lists of children that attended each competition. Children provided with the opportunity to apply their physical ability in a competitive environment outside of school. |  |  | Due to Covid-19 closure | £175         | Able to attend the competitions.   |   |
| Children to complete in a inter school competition. Promoting sportsman ship and working with children in other year groups.   | Medals £50    | Competitions to take place at the end of each large term in fruit groups. These will be mixed abilities across the whole school. Children to receive an individual medal if they are the winning team.  |  |  | Due to Covid-19 closure | --           | <i>Sports afternoon did not take place due to Covid-19 closure. A limited event in bubbles took place for pupil in school in July for partial opening (no cost).</i> | Resume school competition as soon as possible. If not face-to-face, set competition tasks between classes in 2020-2021. |
| <b>TOTAL</b>   | <b>10,722</b> |   |  |  |                         | <b>£6885</b> |  |   |

**July 2020:**

**Due to the national lockdown on 23<sup>rd</sup> March 2020 due to the Covid-19 pandemic, many planned actions were unable to take place within the 2019-2020 academic year which is reflected in the lower spend for the year.**

**Going forward for 2020-2021 the main priorities for spending Sports premium will be around:**

- **pupil mental health (including exploring the possibility of a school dog)**
- **Year 1 outside learning provision**
- **the development of play in unstructured times (through the OPAL programme)**
- **training new staff in Real PE, school gardening project**
- **continue to build opportunities to participate in interschool competitions.**

**Carrying forward the under spend from 2019-2020 will support these priorities.**