

P.E ACTION PLAN 2018 - 2019

At The Avenue we would like to:

- Improve children’s resilience and wellbeing through a values rich curriculum.
- Engaging parents in promoting healthy lifestyles in school and beyond.
- Varied and active playtimes for all pupils.
- A consist approach to the teaching and learning of the PE and sport curriculum across the school using the Real PE resources.
- Raise our profile and attendance to competitive events.

2018 – 2019 Sport funding allocation £17,200

Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Actions:	Funding:	Evidence and impact:	RAG Review			Actual Spend	Impact on Pupils (following review)	Sustainability / next steps
			Aut	Spr	Sum			
PE lead to run a family funs club that engages children and their families in club in school with resources sent home to encourage the activities to be carried out at home. During the club healthy refreshments will be offered. It will provide an opportunity to discuss healthy eating as well emphasising it.	£500 for 4 terms	Families provided with a resource pack, which will encourage them to continue their experiences in the family funs club at home. Observations of wellbeing and involvement throughout the sessions and the changes in this. Marked engagement and interactions between the child and their adult. Attendance register of families attending.	✓	✓	✓	£131 (one term only)	Club ran in Autumn term with 6 families. All families received a Family Funs pack for home, including equipment to repeat games and encourage physical activity, and healthy eating ideas.	Run Family Funs club again training new staff to deliver.
Liaise with playground companies on the next stage of our large scale playground project. This project is focused on making our outdoor space and playground more engaging and appealing for the children and one that appeals to all children. Children will have a range of activities to choose from and those that encourage	£5800	The next part of our large scale playground project completed. Children participating in healthy and active playtimes and lunchtimes. Wider choice of activities provided for children to access during playtime and lunchtimes.	✓			£6298	Funding supported provision to build different zones of the playground so chn can now access different types of physical activity and also quiet reflection time during	Replenish play equipment as required. New helmets for balance bikes.

physical and active playtimes.		Observation of children enjoying their playtimes and lunchtimes.					break times. Playtimes calmer and more active / purposeful as a result.	
In order to provide the children the opportunity to access the balance bikes every playtime we plan to have a shed built where the bikes can be easily accessed independently by the children and so that they can be stored securely when not in use.	£1500	Bikes are kept secure in sheds and are accessed independently by the children as well as providing an additional activity every playtime.		✓		£1580 (sheds and bike helmets)	Balance bikes are utilised each break time by groups of children. The bikes are now accessible by the children in their own storage shed.	Repairs and maintenance of balance bikes and helmets.
Due to the geographical location of our school there is very limited parking close to the school. Despite this our parents often park in a dangerously when dropping off their children. We are investing in some personalized children safety signs as and an reminder for parents to park further and walk their child to school.	£485	The area outside the gates immediate surroundings is clear of cars making it safer for our children to arrive at school as well as encouraging them to park further away and walk.		✓		£485	Safety signs in place daily have significantly reduced unsafe parking on zig zag lines and immediate vicinity of the school. They have encouraged a park and walk attitude amongst parents.	Walk to school weeks and incentives. Children's poster competition to encourage walking to school and safe parking

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

Actions:	Funding:	Evidence and impact:	RAG review			Actual Spend	Impact on Pupils (following review)	Sustainability / next steps
			Aut	Spr	Sum			
PE lead to have time out of class termly to put actions in place, organise actions and disseminate information to staff across the school.	£500	Staff well informed of changes within the PE curriculum. Organisation of in and out of school competitions and sporting events such as sports day and sports relief. Action plans up dated and actioned.	✓	✓	✓	£90	PE lead has had termly non-contact days to update actions and disseminate info.	Maintain next year with new PE lead.
Children's mindfulness and wellbeing is part of our school development plan. We plan to start a wellbeing walking club that will take place for half an hour twice a week during lunchtimes.	£500	Children have the opportunity to have time with an adult to engage in social conversations of their choice in an alternative environment to the school setting. It will be a suggested intervention for children that find lunchtimes tricky and need a change of environment or those that may struggle at times to maintain their concentration in the classroom.		✓	✓	£344	Four groups of 10 chn accessed walking club twice per week for at least 6 weeks. Well-being scores showed positive end scores and children's confidence and conversation improved over the sessions. In most cases this was maintained in class and an incentive to the children. The groups were able to	Walking club to continue next academic year

							walk further and faster by the end of the block.	
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport

Actions:	Funding:	Evidence and impact:	Rag Review			Actual Spend	Impact on Pupils (following review)	Sustainability / next steps
			Aut	Spr	Sum			
Purchase Ipads to enable all staff teaching PE to access the new and updated interactive Real PE resources and planning while teaching PE.	£2000	Staff are using the latest interactive material from Real PE in PE lessons. Planning document much easier to access and use. Staff feel well equipped to teach high quality PE lessons that are interactive and engaging.		✓		£2057 (ipads and covers)	Ipads are in regular use for PE lessons so pupils have clear examples of the skills on the screen. The Jasmine online portal has enabled teachers to access all Real PE resources more efficiently and quickly in lessons.	Embed use of Jasmine to plan and show models. Also explore developing use of ipad to capture PE assessment evidence for tracking.
Train staff members who have not had Real PE training with the scheme.	£500	Staff feel confident to deliver the Real PE scheme in their PE lessons.	✓			£490	Two staff members have completed Real PE training and now feel more confident delivering Real PE..	PE lead to support / team teach / upskill as required through release time. Teachers to have opportunities to observe each other teaching PE.
Jasmine yearly license – online portal for Real PE. A new approach to the planning and delivery of the scheme that we currently use which will make the resources and planning materials much easier for staff to access and use.	£250 yearly licence	Staff using the most up to date and current resources that are fun and interactive to engage and enthuse children in their PE lessons.		✓		£250	The Jasmine online portal has enabled teachers to access all Real PE resources more efficiently and quickly in lessons. Planning time has been reduced and in lesson support / extensions are easier to access and view in an interactive fashion.	Embed use of Jasmine online portal to support PE learning

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Actions:	Funding:	Evidence and impact:	Rag review			Actual Spend	Impact on Pupils (following review)	Sustainability / next steps
			Aut	Spr	Sum			
Each year group to have the opportunity to run an extra curricular activity trip which engages children in something that we are unable to offer in school due to limited space in the school grounds.	£1500 Up to £500 – per year group	Each year group to participate in an outdoor learning experience that provides something additional to what we are able to offer at our school due to limited space and no green space.		✓	✓	£1330	Year 2- visited Northampton Saints Rugby ground and had the opportunity to join in with rugby skills training and tour the grounds. Pupils recalled this as a highlight of their year. Pupils were inspired and motivated by the visit. Year 1- visited Clip'n'climb centre and experienced a variety of climbing and bouldering activities. This was a new experience to most pupils. Reception- visited a local country park completing outdoor learning tasks including an adventure walk and den building.	Continue with these visits next year with new cohorts.
Children in the EYFS have an opportunity to grow and maintain their own garden.	£200	Resources such as seeds and soil purchased in order for the children to participate in gardening.	✓	✓	✓	£25	Pupils have had gardening experiences throughout year. They have learnt some basic gardening skills including growing vegetables.	Year 1 children to also take on responsibility of garden area.
To run a termly cooking club that engages children and parents in making healthier choices and purchase the healthy ingredients needed for this.	£400 4 clubs	Evidence of cooking clubs taking place and percentage of attendance. Photo evidence and evidence of pupil voice.	✓	✓	✓	£168	Cooking club has run for 24 pupils over the year (each club was at least 4 weeks). Children were given 'take home' bags of ingredients and recipe cards weekly. Parents	Continue next year

							attended the last session.	
SSCo to provide team teaching of games with teachers to upskill and further their teaching of PE. SCo to deliver a weekly lunchtime club for two terms to promote and engage children in physical lunchtimes. Another part the support that is offered is the organisation and facilitating a range of competitions for our children to participate in.	£1800 SSCo	Staff receiving support during PE lessons to increase their knowledge and skills with the teaching of games in PE. Children encouraged to be more active and physical at lunchtimes. Children given the opportunity to attend competitions in a competitive environment with other schools.		✓	✓	£1825	Each class had a series of games lessons (team teaching) from SSCO to upskill teachers. Teachers report that this has helped their teaching of games and some new ideas given. 24 children (two series of clubs) for identified children either for well-being for physical activity. This improved their physical activity. SSCO has organised 2 sports competitions (over 60 children accessing these competitions)	SSCo support to continue next year.

Key indicator 5: Increased participation in competitive sport

Actions:	Funding:	Evidence and impact:	Rag Review			Actual Spend	Impact on Pupils (following review)	Sustainability / next steps
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Attend pacesetters competitions to provide the children with the opportunity to participate in a competitive environment against other schools.	£160	Attendance at pacesetter competitions and lists of children that attended each competition. Children provided with the opportunity to apply their physical ability in a competitive environment outside of school.	✓			£90	Football, multi-skills and athletics competitions attended by over 20 children, giving them to experience of competition with other school teams.	Continue to take teams to all appropriate competitions for KS1 and EYFS.
Minibus hire and driver to enable our school to participate in district competitions, which will broaden the children's experiences of competitions and a competitive environment with other schools children.	£200	Attendance at competitions and lists of children that attended each competition. Children provided with the opportunity to apply their physical ability in a competitive environment outside of school.	✓			£88 (minibus for 3 competitions)	A total of 8 competitions have been attended by school teams or whole year groups over this academic year. Six of these events required transportation.	Fund transport to enable continued participation in these events.

We have been given the opportunity to attend a cricket event at Northants Cricket club however in order for us to attend we will need to pay for transport	£160	Transport funded to enable 16 children to take part in a 2hr cricket event at Northants county cricket ground.				£350 (transport to 3 events)	32 children attended two Northamptonshire Sport events- Tri-Golf and Cricket. This gave these children an experience of a new sport in new surroundings / grounds. All Year 2 pupils attended a Northamptonshire Sport Running event	Continue to attend Northamptonshire Sport events for KS1.
TOTAL	£16,205					£15,602		