



Year Two Autumn Term 1

What makes a healthy nation?



WELCOME

We are so PROUD of how Year 2 have settled straight back into school life. We hope they have begun to talk about their experiences. This year is filled with many challenges and you may find your child is saying it is easy one day, then difficult the next. Please support with enthusiasm and encouragement as your child consolidates some areas and approaches new demands in others.

The children have spent their first week in school getting to know the routines in year 2 and becoming familiar with the adults too. We were both really impressed by how many children completed the summer holiday challenges and the effort that went into them. We can't wait to see their homework challenges for this term too!

We have put together a brief summary of the learning that will take place during this topic. There are also suggestions for things you can do at home with your child that will help to consolidate their in-class experiences. Each child will receive a book in which to complete these challenges. This can be brought into school at any time to share their hard work. Each challenge completed will earn them a raffle ticket or Avenue pound.

Avenue pounds are what the children earn for fantastic effort, good listening or being the best they can be. Every half term the children get to spend these Avenue pounds in the Avenue shop. They collect their pounds in their drawers.

Our PE day is a Tuesday – Please remember the children are to come into school in their PE kits. Our PE sessions will be outside so your child is likely to want a jumper and jogging bottoms as the weather cools down.

Thanks in advance. Mr Pell & Miss Greene

The broadly **historical** focus of this enquiry question will teach the children about the history of the NHS and the life and influence of Florence Nightingale. They will compare the health care of the Victorian era to the health care of today.

The children will be **scientists** and they will learn about the importance of a balanced diet and food chains within nature. They will investigate why food might go mouldy and the importance of good hygiene. The children will also investigate what impact exercise has on the body and why it is important to keep fit and strong.

The children will be **designers** of their own food products; testing, designing and making their own products and packaging. They will have to design a dish that incorporates healthy food. They will also be making their own bread.

They will be **authors** of their own stories about uncontrollable food based on the traditional tale of 'The Magic Porridge Pot.' We will be having a big focus on what makes a sentence and how to write a well punctuated sentence. The children will continue to develop their handwriting as they did in Year 1. They will be **artists** by creating their own sketches of fruit and vegetables and representing the works of Guiseppe Arcimboldo.



Practise your learning by...



<p>Learn the days of the week and months of the year. Can you recall how many days are in a week? How about how many months, days and weeks in a year? What is the 4th month of the year? The 10th month?</p>	<p>Time yourself doing:</p> <ul style="list-style-type: none">- 10 star jumps- 10 hops- 10 press ups- 10 toe touches <p>Can you beat your first go?</p>	<p>Look at food packets and identify which part of the world the food is from. Stick the packet in your book and write the country that it is from.</p>	<p>Write riddles about different foods using different vocabulary – use a thesaurus to find interesting and exciting describing words.</p> <p>E.g. I am sometimes red and sometimes green. I grow on a tree. I can be grown in your garden in England. I am a fruit. What am I?</p>
<p>Learn to recite the 10 x table in order (1x10, 2x10, 3x10 etc) and then out of order, up to 12 x 10.</p>	<p>Keep practising your handwriting... which letters start from brave monkey and which start from scared monkey? Are they sitting on the line correctly? You could practise copying words or sentences from your reading book. We are not joining letters yet.</p>	<p>Create your own observational drawings and paintings of fruits and vegetables looking at the different shapes, colours and textures.</p>	<p>Create your own food diary. What did you have for breakfast? What did you have for lunch?</p>
<p>Cook together, following a recipe – weighing and measuring the ingredients allowing your child to measure accurately and discussing the units of measurement used for weight (g) and liquid (ml). You could try halving and doubling quantities.</p>	<p>Use your reading book to sort words into verbs (action words), adjectives (describing words) and nouns (people, places or things). What conjunctions can you list?</p>	<p>Create your own puppets for The Magic Porridge Pot and retell the story.</p> <p>What happens first? What happens next? What happens at the end?</p>	<p>Research Florence Nightingale- what facts can you record in your homework book?</p>