

P.E ACTION PLAN 2021 - 2022

At The Avenue we would like to:

- Improve children’s resilience and wellbeing through a values rich curriculum.
- Engaging parents in promoting healthy lifestyles in school and beyond.
- Varied and active playtimes for all pupils.
- A consist approach to the teaching and learning of the PE and sport curriculum across the school using the Real PE resources.
- Raise our profile and attendance to competitive events.

Total carry forward from 2020/2021	£16,867
Total amount allocated 2021/2022	£17,179
Total amount of funding for 2021/22.	£34,046
Reviewed July 2022: Total spent 2021-2022: £16,785.87 Planned work for summer 2022: £14,000	

Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity				
Actions:	Funding:	Evidence and intended impact:	Actual spend:	Evidence of impact:
Provide children with the opportunity to engage in physical and active lunchtimes.	£3000	Employ an additional member of staff (opal play coordinator) to organize and support lunchtime and playtime resources that targets identified children to engage in daily physical activity.	£2754.00	Children are very engaged during playtime and lunchtimes. They have lots of open ended activities to enjoy during these times. The feedback from parents and children has been very positive. Identified children are able to access this area more frequently and it helps support them physically and imaginatively. This area has been monitored regularly by the OPAL coordinator and Play governor. Both are very

				pleased with the impact upon children's well-being and their behavior after a play or lunch time.
To provide more whole body physical strengthening opportunities and explorative areas safely in the playground and during PE opportunities.	£11,000	Invest in a large sand pit with covering and sand toys. An outdoor storage area to be built to protect toys and put away safely after use. Secure a fence to protect the sand pit area.	Booked in should take place over the summer holidays.	Children are currently able to access the sand pit. This has helped develop children's fine and gross motor skills. They are developing the art of communications, working with children from different classes and using the different tools provided to develop their skills physically. Additionally, an outdoor storage area will offer protection and preserve our resources outdoors for longer.
To encourage imaginative and physical role play and talk through play. Through role play areas in the playground.	£500	To freshen up and restore the role play areas in the playground. Taking out sections that are not required and adding areas that would develop imagination and physical skills.	£450.00 for artwork.	Children are showing more creativity on the playground when making their own games. All of the outdoor shelter has been restored with different creativity pictures. Children have used the resources from opal to create physical play using inspiration from the artwork. Through observations children have demonstrated more physical and imaginative attributes within the area.
Mud play area - tray coverings	£3000	To provide a mud play area out of an existing flower bed. To ensure the area is covered well to protect the children's hygiene as well as additional resources Provide a mud play area to provide a large play area for digging opportunities due to lack of outdoor space in their home environment.	Booked in should take place over the summer holidays.	Children have currently developed lots of open ended activities and they are constantly adding their own resources to the mud area. Once this has a protected cover it will be accessible more frequently and children can continue the play they have begun previously. Children enjoy adding other

				elements to the mud to see the reaction. Through pupil voice they have stated this is one of their preferred areas to be at playtimes.
To provide more of an opportunity for children in ks1 to develop their physical development skills throughout the school day.	£4000	An outdoor space to be created to provide interventions, sensory circuits and post/pre teaching opportunities. Resources to be outside to help support the children's physical development. Sheds provided for large scale construction, chalk, paint brushes, sand tray, water tray. Freshen up and paint the outside walls to help develop Imagination.	£2740.87 storage.	Children will massively benefit from having extra support in ks1 with their fine and gross motor. This area has only been in place for a term and the difference it has been with children's handwriting and their well-being has been immensely successful.
Total Amount spent in key indicator 1:	£5944.87			

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement				
Actions:	Funding:	Evidence and intended impact:	Actual spend:	Evidence of impact:
PE lead to have time out of class termly to put actions in place, organise actions and disseminate information to staff across the school.	£2000	Staff well informed of changes within the PE curriculum. Organization of in and out of school competitions and sporting events such as sports day and sports relief. Action plans up dated and actioned.	£2356	PE monitoring has been observed throughout each year group and all new units of pe are put into place. Staff have responded well to feedback and are putting actions in place from the responses. A new assessment system has been put into place, an overview of the curriculum and the units of work for the whole school have been adapted. Extra intervention groups and 1:1 have more structure and focused support with their physical development and are aware of which areas to focus in.

To continue with the implementation of the Opal Primary programme which aims to sustainably improve the quality of play throughout all aspects of the school.	£4000	To invest in storage solutions for the resources collected for the the Opal Primary programme as well as the purchase of additional resources needed. See OPAL action plan for further details of actions.	£1706.	Children are very engaged during playtime and lunchtimes. They have lots of open ended activities to enjoy during these times. The feedback from parents and children has been very positive. Identified children are able to access this area more frequently and it helps support them physically and imaginatively. This area has been monitored regularly by the OPAL coordinator and Play governor. Both are very pleased with the impact upon children's well-being and their behavior after a play or lunch time. The update of resources is crucial to keep opal a successful playtime scheme.
Total amount spent in key indicator 2:	£4062			

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				
Actions:	Funding:	Evidence and intended impact:	Actual spend:	Evidence of impact:
Take part in the Real PE Real Legacy scheme to reinject momentum into our PE curriculum offer and train new staff on schools chosen PE scheme, Real PE	£4097	A robust plan created with Real Legacy leaders that looks and evaluates every part of our PE curriculum to ensure that we are using the schemes and resources that we have to their full potential. This will incorporate staff training and upskilling sessions as well as whole school advocacy and impact. It also provides a facility where children can access the PE curriculum content at home which will be good particularly with lockdown and COVID-19 restrictions. This can be monitored and evaluated.	First Payment of £4,097 to be invoiced on 19 th January 2022.	Legacy has been a fantastic support for helping us develop REAL PE within the school. A curriculum overview has been created with the support of the staff from legacy. This is making a big impact on staff and the effect on the children's fundamental skills. Assessment has been set up and will begin in September after a training in a staff meeting.
Ensure staff have a good knowledge of the Real PE scheme and its resources and they are confident using them to deliver PE lessons. Staff training that meets the requirement and needs of the staff.	Price included with the legacy contract.	Staff questionnaire, discussions and opportunities for staff to share personal needs and training requirements linked to the scheme.	One staff meeting has taken place and a real pe showcase day has been successful for all staff. Real gym has been put into place for the next	Showcases have taken place and helped boost staff confidence and teaching ability within PE. Further

			academic year.	showcases have been planned based upon staff's feedback. Reception staff have had extra training and have suggested creating a real play group for interventions in September and found the training very useful. TAs have also had training within reception and are confident to deliver the interventions to targeted children.
A raised profile of PE amongst staff and an increased staff moral towards PE and to embed professional standards.	£200	Staff CPD – Annual PE Conference-	£175.00	This conference delivered a variety of ideas and resources suitable for our school to put in place. It also helped suggest future ideas for the action place such as legacy and the support it would offer.
Offer a broad range of sporting activities for the children to have the opportunity to experience.	Free	Arranging a tennis taster day with a professional coach.	Free. This taster day encouraged children to become involved in a tennis club outside of school.	This day was a huge success the children really enjoyed taking part. Several children had never experienced tennis before and have now started taking tennis lessons based upon this experience.
Total amount spent in indicator 3:	£4,272.			

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				
Actions:	Funding:	Evidence and impact:	Actual spend:	Evidence of impact:
Children's mindfulness and wellbeing is part of our school development plan. We plan to continue a wellbeing walking club	£500	Children have the opportunity to engage in social conversations of their choice in an alternative environment to the school setting as well as participating in physical exercise.	N/A (covered by teachers)	Different children are picked for walking club each term based upon their well-being levels. Pupil's voice has been very positive and strong and children are always asking if they can join walking club. It helps build up pupils relationships with staff and children, they experience

				nature talks and walks and mostly importantly they develop their confidence and well-being.
Workshop for children to help support and develop their mental health and mindfulness. Staff training to support staff development as part of our school development plan.	£325	Children and staff will have the opportunity to develop their understanding of growth mindset and understanding how to preserve.	£300	This was a very enjoyable day within the school. All staff benefitted a lot from the experience as did the children. Children's concentration levels and self esteem progression within that area throughout the day. Staff used the techniques and continued with these throughout the year to help children develop their growth mindset.
Each year group to have the opportunity to run an extra-curricular activity trip which engages children in something that we are unable to offer in school due to limited space in the school grounds.	£1500	Each year group to participate in an outdoor learning experience that provides something additional to what we are able to offer at our school due to limited space and no green space.	£275	Year 1 trip was a cross curricular trip that was very enjoyable. The children enjoyed being physical and linking it to art by creating outdoor sculptures. They were provided with opportunities they could not get through home or through the school limited space on the playground. Unfortunately due to covid restrictions this only took place within Year 1.
To run a termly cooking club that engages children and parents in making healthier choices and purchase the healthy ingredients needed for this	NA- parents pay per child.	Evidence of cooking clubs taking place and percentage of attendance. Photo evidence and evidence of pupil voice.		Chn were provided with the skills and knowledge to understand how to maintain a well-balanced lifestyle. They were given the tips and understanding of how to have a healthy lifestyle within cooking at home. Only EYFS took part within this this year. Next steps: each year group do their own club.
Purchase an extra storage cupboard to engage children in outdoor learning.	£200	Opportunities to store a range of physical development resources, to provide children with extra physical development activities.	Shed - £125	Staff and children are able to access the shed and use all of the resources to develop the children's gross and fine motor skills.

Gardening club	£40		£37	Children have had the joy of learning about growing their own food. Pupil voice has been very strong and positive about gardening club and it continued for 4 terms throughout the school year the impact was so strong. This allowed more children to have the opportunity to take part.
Total amount spent in indicator 4:	£757			

Key indicator 5: Increased participation in competitive sport				
Actions:	Funding:	Evidence and intended impact:	Actual spend:	Evidence of impact:
SSCo to support PE lead well as organising and facilitating a range of competitions for our children to participate in.	£1800 SSCo	Children given the opportunity to attend competitions in a competitive environment with other schools.	Teacher's upskilled within games and team teach or support within the class. Children have the opportunity to be part of a competitive environment. £1500 £250	Teacher's confidence has been supported and improved in games due to this support. Children have developed their fundamental skills and their passion in games has strengthened and encouraged children to participate within more sports clubs.
Total amount spent in indicator 5:	£1750			
Total spent 2021-2022: £16,785.87				
Planned work for summer 2022: £14,000				

Spring Term Evaluation

This term's actions have mainly focused on the development of the playground and developing the children's well-being. All staff have received up to date REAL PE training through a show case day. This was a successful training day during to staff observing their own class being taught a REAL PE lesson and having the opportunity to ask questions and feedback to the trainer afterwards. Next term the focus will be to plan in some drop in sessions to assess the consistency of PE teaching and learning across the school. This was monitored throughout the spring term for Reception and Year 1. Year 2 will be monitored in the summer term, to ensure the new PE curriculum is being put into place and support any changes.

Year 1 enjoyed a visit to Irchester Country Park this term, an open space to access and participate in activities that our school grounds limit us from doing. The children thoroughly enjoyed this experience. The other two year groups are currently planning their extra-curricular trip for the summer term.

Unfortunately we have not attended any competitions due to the lack of competitions being organized for KS1. The SSCo will be organizing some competitions which is hoping will take place in the summer term. Family funs club will be running in the summer term to encourage parents to become more involved with their children's physical development.

Summer Term Evaluation

This term we have been focusing on developing our outdoor environments. Year 1 are developing an outdoor area to help strengthen childrens physical development with their fine and gross motor skills. We have created an area that we can use for intervention space outside, this area can also be used to help with children's mental well-being if they need some space and time separate from the rest of the school.

In the playground we have been developing our Opal scheme and adding more resources outside. Children are really enjoying playtimes and lunchtimes and staff are finding children are being more creative, confident and physical with the range of activities now available outside. They are playing with different friendship groups and learning how to negotiate, share and have more of an open outlook thanks to the wide variety of open ended resources now available.

In EYFS we have been putting together a plan to help them develop the new cohort's physical development in and out of the classroom. This will be a big focus next year and we have been identifying all of the areas that will need strengthening and developing.

We had our sports day this term and we adapted it so it could take place within our school grounds. The day worked really well and the children were able to focus more on taking part and being competitive, due to the smaller groups taking place. We have decided to think of a different way to include parents next year as opposed to inviting them to the sports celebration at the end of the event.

Year 2 attended a sports afternoon and competed against other schools through a multi skills competition. This was a success and the year 2 thoroughly enjoyed the competitive afternoon.

EYFS have also taken part in a Real Foundation course, they have added this successfully into their curriculum through their daily tasks and it has been a big success amongst the staff and children. Children responding well to the challenges and achieve the goals they have been set.

Real Play will also be set up as an intervention next year in EYFS, a member of staff has been added to Jasmine and is able to access it independently. This is being ordered and resourced this year in order to get started with next year.